

**Substance Abuse Services Commission
Meeting of October 14, 2015
DHHS Building, 41 Anthony Avenue, Augusta, Maine
Conference Room C**

ATTENDANCE

Members Present:

Robert Rogers, Kennebec Behavioral Health
Irene Laney, Clinician in Private Practice
Bill Lowenstein, Pres. Of the Board of Dir. of Sexual Assault & Response Services
Scott Gagnon, Director, AdCare Maine

Members Absent/Excused:

Peter McCorison, Provider, Aroostook County, Chair for SASC
Ann Giggey, Hope House
Darren Ripley, MAAR
Rep. Adam Goode
Rep. Richard Malaby
Rep. Patricia Hymanson
Rep. Peter Stuckey
Diehl Snyder, MD

Office of Substance Abuse and Mental Health Services:

Geoff Miller, Associate Director, Prevention & Intervention, SAMHS

Guests:

Deborah Doiron, Recorder, AdCare Maine

**Substance Abuse Services Commission Meeting
October 14, 2015
DHHS Building, 41 Anthony Avenue, Augusta, Maine
Conference Room C**

OCTOBER MINUTES

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| DRAFT Date: | October 20, 2015 | SASC Approved: | |
| Signed: Recorded by: Deborah Doiron & Scott Gagnon AdCare Maine | | | |

Meeting Convened: 9:00 A.M.

Adjourned: 12:00 AM

Meeting Convened: By Scott Gagnon, Director, AdCare Maine, filling in for Peter McCorison, Chair of the SASC

Agenda:

- Introductions and Public Comments, Review of the June, July and September Minutes

New Business:

- SAMHS Update, Geoff Miller, Associate Director
- US Attorney General/Maine Medical Association – Task Force appointments for Prevention/Education Task Force and the Treatment Task Force – an overview of work to be completed by these task force groups. Reporting to the Commission on these task forces will be Scott Gagnon and Rob Rogers.

BREAK 10 Min.

Old Business:

- Update on Commission Membership List
- Prepare Agenda Items for meeting on November 11, 2015 (**This is Veteran's Day, so will need to change date to November 18, 2015**)

Meeting Adjourned: 10:30

October 14, 2015 SASC Meeting DRAFT Summary

Scott Gagnon, Director, AdCare Maine filling in for Peter McCorison, Chair of the SASC Introductions, Public Comment, and Meeting Minutes Review

Scott Gagnon welcomed and thanked members and guests for coming to the meeting. Introductions were given. Scott asked if there were any public comments from the community. There were no public comments. Scott asked if there were any additions to the agenda. Bill Lowenstein said that he wanted to present an update to the members on the Maine Recovery Community Coalition.

Review of June, July and September SASC Minutes: Due to the lack of a quorum, the review and approval of the June, July and September minutes was moved forward to the next scheduled meeting on November 18, 2015.

Conclusions or Actions and Responsible Lead Person; timeline if applicable:

Deborah Doiron will make additional corrections if needed to the June, July and September minutes when members meet in November.

NEW BUSINESS – October Agenda

- **SAMHS Update, Geoff Miller, Associate Director**

- 1) **SAMHS New Hires & Vacancies** – SAMHS did get approval for posting the Intensive Case Manager (ICM) position located in Warren; also two other positions located at Two Bridges Jail and in Penobscot County; the Associate Director position for Data, Research and Quality, which is Sheldon's old position was not approved at this time; SAMHS still has a few vacancies that they are trying to fill; the paperwork for these positions are still over at DHHS for review and approval; there is a DEEP call center position that is vacant; three positions of contracted staff that have moved forward into FJA's – these positions are the PMP Coordinator; Assistant Manager for the Data, Research and Quality and the Treatment Specialist – funded under the MASAP Contract – Geoff hasn't heard yet where these are in the process – David Dostie and Sheldon Wheeler are working on these;
- 2) **Contracts & RFP's** - some contracted positions with MASAP have been extended; Anna Black's \$800,000 grant was approved by the Governor for Adolescent Treatment Services; a higher education contract has also been extended; the MASAP program contracts for MAPSA and MAAR are scheduled to end by December 31, 2015. Recovery Coaching contract components at the Portland Recovery Center will also continue. SAMHS now has Attorney Nick Snyder working on language in our rules, contracts and RFP's. SAMHS is currently drafting an RFP for DEEP services for the educational component; the RFP for Crisis Services and telephone services have been posted and providers can now apply; Women's Services RFP for halfway house services – Geoff doesn't know the status of the RFP at this time; there is also a

draft RFP for Prevention Services; additional piece – SAMHS looking at treatment services that they currently have that are MaineCare reimbursed; example: crisis services and mental health services – looking to see that language aligns within our contracts and MaineCare language, starting on July 1, 2016. Geoff states there has also been some work done on BDS and OSA's financial components – a distinction between the two budgets; looking at the codes to track the dollars for services;

- 3) **Upcoming Legislative Session** – a listing has been posted; one of the listed bills calls for the elimination of the Maine Integrated Youth Survey; another bill posted was to increase substance abuse prevention services; also a bill for Maine Harm Reduction around Naltrexone and Good Samaritan law;
- 4) **Workforce Development** – Geoff attended a brief meeting this morning and stated that work has been moving forward in this area on how to bring new people into this field? Geoff described a Summit he attended in Boston recently regarding workforce development and engagement – where there were discussions of Recovery Schools and the Health Occupational Students Association, which are engaging high school students through job shadowing; competitions; learning activities; and behavioral health components. Bill Lowenstein stated that we need to teach these new recruits coming into this field about what Recovery means. Scott Gagnon said that AdCare Maine is working on offering a Career Fair geared towards young people and young people in recovery. Scott will be working with Anna Black on this educational event. He is hoping to do this sometime in December.
- 5) **Centers for Disease Control (CDC)** – Geoff mentioned that later on this month the CDC will be doing a reorganization;
- 6) **Recovery Services** – Matt Wells, Manager for the Treatment and Recovery Teams is aware of the concerns and the need to update the Recovery portion of SAMHS website. Geoff stated that right now SAMHS is in the process of a web redesign and are aware of the Commission's concerns in this area.

Scott then asked if there were any questions or comments. There were no further questions or comments.

- **US Attorney General/Maine Medical Association – Task Force appointments for Prevention/Education Task Force and Treatment Task Force – an overview of work to be completed by these task force groups. Reporting to the Commission on these task forces will be Scott Gagnon and Rob Rogers.**

Discussion:

Scott Gagnon began by saying he placed this on the agenda hoping for more to report out on at this point, but stated there isn't a whole lot more information for now. Scott said the Press Conference did happen and people have been recruited for the task forces. There will be two Co-Chairs for each task force. For the Prevention/Education Task Force Co-chairs will be Eric Haram and Bill Patterson from the University of New England (UNE). Co-chairs for the Treatment Task Force will be Dr. Mark Publicker and

Patricia Kimball. Co-chairs for the Law Enforcement Task Force will be Michael Sauschuck, Chief of Police, Portland Police Department and Roy McKinney, Director of MDEA, Department of Public Safety in Augusta. The meetings will occur every two weeks. Each task force will set priorities and goals with measurable outcomes. All meetings for the Prevention and Treatment Task Forces are open to the public and they are encouraging the public to attend. There may also be some closed door meetings. Rob Rogers and Scott Gagnon have been appointed to the Prevention/Education Task Force, and Peter McCorison has been appointed to the Treatment Task Force. Rob mentioned that the Maine Medical Association would be hosting these meetings and stated there will be conference call access available. The task forces will be holding meetings in public locations, where there will be more available space to accommodate larger groups.

Scott Gagnon will e-mail a list of names for each task force to the Commission members, if he has it electronically.

- **Update of the Maine Recovery Community Coalition** – This organization has been around for about seven or eight years. At one point in time this group was functioning as an Advisory Board to the Maine Alliance of Addiction Recovery and then when MASAP became involved, the board roles changed. Some of the members still met and kept in touch with each other. They also developed a white paper, which they gave to SAMHS on recovery systems of care. This group got together last week, as a steering committee. The primary meeting location of this group is located at Thayer Hospital. There are currently 12 members. They have a fairly good representation of people statewide. They have a couple of young people in recovery on the committee. They sent out about 70 invitations to people to increase their membership. They are now looking at how they can create a statewide network and coalition. They had about 20 or 25 people in person at this meeting or participating by phone. This group feels that a lot of the services are still being focused on the person of addiction and not including the partner or family members. They are developing primarily three different groups: Advocacy, Education & Awareness, and Recovery Supports. This group wants to look at expanding the treatment and conversations to include recovery. They believe there should be more discussion regarding expansion and access to recovery. Bill stated that treatment is only one step in the process. He feels we should start talking about people who are getting well and showing communities that people can recover and become a contributing member of society. He also stated there needs to be safe environments provided for people in recovery and try organize and bring all these efforts together. Some organizations already involved with this project are clergy and the Bangor Recovery Network. There is no funding component for this group. It is just people getting together to create change. Bill stated that there is not a unified platform for the recovery voice and this is an attempt to form one. They are just in the beginning stages right now.

Other Recovery topics discussed:

- 1) Easier access to treatment services and recovery support services;
- 2) More success stories need to be showcased; developing something for u-tube or an advertisement showcasing the good stories;
- 3) Employment for people in recovery who have a criminal history - The Department of Labor can provide a list of participating businesses who are willing to hire recovery persons who have a criminal history;

- 4) More recovery involvement with Faces & Voices, young people in recovery included in coalitions, methadone programs, recruitment of volunteers and recovery coaches, using prevention concepts that can help support people in recovery;
- 5) AA 12-step programs – stigma issues associated with addiction and recovery; the National AA publishes a pamphlet on Advocacy vs. Anonymity;
- 6) Angel Program currently being used by some law enforcement agencies;
- 7) Increase more youth recovery groups in high schools and colleges;
- 8) Federal government is currently looking at increasing the number people that physicians can treat with Suboxone, creating more access;

BREAK: No break

OLD BUSINESS:

- **Update on Commission Membership List:**

Peter McCorison connected with Scott VanOrman, who provided Peter with an updated list; At this time, Scott VanOrman is working to fill all the vacant seats on the Commission. These include Attorney, Education Practitioner, First and Secondary, 3 seats available and a Post-secondary prevention position.

Currently, all Commission Memberships have been halted. There was an announcement that Ann Dorney's application was rejected. Rep. Patricia Hymanson is a new member.

Conclusions or Actions and Responsible Lead Person:

Peter McCorison will continue to be in contact with Scott VanOrman regarding adding the new members to the Commission.

- **Prepare Agenda Items for meeting on November 18, 2015**

The November and December SASC meetings will be held at 41 Anthony Avenue in Conference Room C and then starting in January – June the meetings will be held at the Burton Cross Building in Conference Room 400; Agenda wasn't developed at this meeting.

Meeting Adjourned: 10:30

Next Meeting Location:

DHHS Building, 41 Anthony Avenue, Augusta, Me.
Conference Room C
Wednesday, November 18, 2015
9:00 AM to 12:00 Noon